

## **COACH PROFILE**



**Name:** Emily Macdonald

**Occupation:** Primary Teacher and Health Coach

**Place of Birth:** Abergavenny, South Wales

**Living in:** Haddington

**Trampoline Experience:** 15 years

**Coaching Qualifications:** TRA Level 2, SG Wellbeing and Protection

Emily started trampolining at the age of 14, with Saints TC, as part of her Duke of Edinburgh Award. She quickly became part of the club's coaching team and qualified as a judge.

Emily moved to Edinburgh for university, and then coached for Edinburgh Leisure before joining City of Edinburgh TC, delivering their Active Schools sessions.

Emily took a step back from coaching when her 2 children were born, but now that they are members of the Club, she has become more involved again.

*(Updated 2025)*