COACH PROFILE





NAME: Kayleigh Kerr
OCCUPATION: Trampoline & DMT Coach
PLACE OF BIRTH: Edinburgh
LIVING IN: East Lothian
TRAMPOLINING EXPERIENCE: 30 YEARS
RELEVANT WORK EXPERIENCE: Open All Hours, Go 4 it, play 4 it (Edinburgh Leisure) Midlothian 'Try Trampoline' sessions & pre-school gymnastics, East Lothian Council Trampoline & Sports Classes, Active Schools East Lothian.
COACHING QUALIFICATION: Senior Club Coach (Level 4) DMT Senior Club Coach, Club, County & Regional Judge, Sports Specific First-Aid, Disabilities module, Accredited SG Mentor, UKCC Level 1 Pre-School Gymnastics Coach
COACHING FOR: CETC
SITE: Lasswade & Meadowmill

Kayleigh began trampolining at the age of 5, joining big sister Lauren at Musselburgh/Meadowbank Trampoline Club. She steadily progressed over the years from Novice level to Elite, winning a Scottish Nationals title in 1996 – and the Scottish Schools title in the same year. A win at the Perth open in 1997 was followed in 1998 by another Nationals title. In 2000, Kayleigh very briefly transferred to Lasswade Trampoline Club, when a recurring knee injury (not helped by 3 ballet & jazz classes per week!) resulted in a short retiral from the sport. She then volunteered her skills & obtained her Assistant Coach qualification, while working alongside Lauren at the Crags Sports Centre, Edinburgh. Kayleigh then gained her Coach qualification and subsequently her Club Coach & Senior Club Coach qualifications.

In 2006, Kayleigh decided to return to competitive trampolining, obtaining the Nationals qualifying score after her first returning competition – and went on to win her 3rd Nationals title. She then gained a further Scottish National title at level 2 in 2008, and in September 2010 won the Scottish National title at Ladies O19 Level D. After a successful two years qualifying & competing Trampoline & DMT on the British circuit, Kayleigh took 16th place in the Ladies NAT C Individual Trampolining at the British Championships in 2011, also qualifying at DMT, after which she decided to go out on a high, and retired from competitive trampolining & DMT.

Kayleigh graduated from Edinburgh Napier University with a B.A. (HONS) degree in Business Management in 2010, which she puts to good use as the Treasurer/Administrator at the Club. In March 2011, Kayleigh passed her Diploma in Swedish Massage, and went on to gain a further Diploma in Indian Head Massage. Kayleigh gained her Diploma in Sports & Remedial Massage in April 2012, passing with flying colours.

Kayleigh also completed her UKCC Level 1 Pre-School Gymnastic course in December 2012, and coached for Midlothian Council to assist in classes at The Lasswade Centre for 12 years.

In 2016, Kayleigh was selected as one of 4 DMT coaches for the Scotland Team at the NDP Regional Team Finals- which Scotland went on to win for the first time ever!

In 2018 Kayleigh was awarded Midlothian Council 'Coach of the Year' in recognition for her coaching within Midlothian and for CETC.
She currently works with CETC at Lasswade & Meadowmill, as well as being a full- time mummy to her little girl Remi – who many of you will have already seen jumping away at classes!

(*Updated 2024*)