

COACH PROFILE



Name - Kirsten Davie

Occupation: Student

Place of Birth: Livingston

Lives in: Edinburgh

Trampoline Experience: 12 years

Coaching Qualification: Learn to Coach, UKCC Level 1, SG Safeguarding Wellbeing & Protection 1

Kirsten started trampolining because someone she knew did it and said it was great and she should give it a go.

She took to it like a duck to water, and loved it so much it quickly took over her every waking moment.

Kirsten started competing, and at her first Nationals when she was 7, won her first gold medal. She quickly progressed to FIG level and started competing at British Championships from the age of 9 up til 11.

She also became the Scottish Womens Champion at the age of 11 at Scottish Nationals in 2017. Kirsten became a Squad member of British Gymnastics at Development level, mainly travelling to Southampton for training weekends, and later joined the British Squad training at Lilleshall until she took a break from trampolining at age 12.

Kirsten joined CETC in 2019, and as well as trampolining, has taken up DMT, and represented her country at the Inter Regional Challenge Cup in 2022.

She has always been interested in coaching, and started off with the Learn to Coach programme, but as soon as she was 16 she started her Level 1 coaching qualification, gaining her certificate in August 2023.

Kirsten particularly loves coaching the little ones, and is keen to pass on her knowledge to the next generation of bouncers.

Kirsten is currently a cover coach whilst at University.

(Updated 2025)